

Physical Education



About the Subject

You will be taught in small class sizes by highly dedicated and experienced staff. Over several years the staff have developed specialist units on the course.

The AS course is co-teachable with the A level, so pupils can be entered for each course.

In previous years, the A level PE results have been exceptional and students have consistently achieved at least one grade or more above their target grades. We have hosted and attended student conferences led by the Chief Examiner for A level PE. Our results are regularly above National averages.

"It's great to understand some of the anatomy and physiology behind our movements and learn how this knowledge can help to promote both mass participation and elite performance."

Hannah (Year 13)

Course Content

70% Theory

You begin with looking at how modern day sport has emerged and will go on to study modern day issues such as drugs, the media and the Olympics. There is also an anatomy and physiology section examining how the body's systems affect performance. In the second year, we look at biomechanics, energy systems and injury prevention. Finally, the course has a component relating to how we learn skills and sports psychology; there are three theory exams.

30% Practical

Performance is measured in one sport and an assessed speech.

Entry Requirements

Grade B in GCSE PE, or Grade B in English / Maths and Science if you have not studied PE. Regular participation in sports is also important.

Career Paths

Our successful students often study sport at degree level before following careers in sports coaching, sports management, physiotherapy and Primary and PE teaching.

Watch our Video

At vimeo.com/123413322 or scan this QR code:

